

CHILD AND ELDER CARE



CAREGIVING RESOURCES

Information about resources for caregiving at Virginia Tech can be found at:

<https://caregiving.vt.edu>

CHILD CARE

Hokie Wellness provides a number of resources for families searching for child care options in Virginia, including information about the Child Care Subsidy Program (CCSP).

They also compile a list of students interested in providing part-time child care and other services that is made available upon request through their child care website.

More information can be found at:

<https://caregiving.vt.edu/ChildCareResources.html>

Child Care Aware is a resource families can use to identify child care in their area. In addition to the online search functionality, you can also call their 866-KIDS-TLC number and speak to someone about your particular needs and get a customized listing of options: <https://vachildcare.com/>

Rainbow Riders - Virginia Tech has entered into an agreement with Rainbow Riders Childcare to assist Virginia Tech faculty, staff and students broader access to child care. More details on the Virginia-Tech Rainbow Riders Partnership can be found through the Hokie Wellness website:

https://hokiewellness.vt.edu/Employees/work-life/Child_Care.html

Faculty interested in being put on the priority list for spots at Rainbow Riders can contact their dean's office or their department head.

SCHOOLS

Information about services provided by area schools can be found on the school websites. Blacksburg, Virginia and the surrounding area are part of the Montgomery County Public Schools System: www.mcps.org

Other area public schools can be found under the "Schools" tab on Human Resources' Moving and Relocation website for each region:

<https://jobs.vt.edu/relocation.html>

AFTER SCHOOL / SUMMER PROGRAMS

Information about **after school** programs varies by school, and can be found on each schools' website, accessible from the main Montgomery County Public Schools System website:

https://www.mcps.org/schools/school_listing

Some **summer** program information is provided through the schools and information can be found on their website. In addition, Blacksburg and Montgomery County offer a series of summer and school break recreational programs. More information can be found on their websites.

Blacksburg:

<http://www.blacksburg.gov/departments/departments-l-z/parks-and-recreation/summer-camps>

Montgomery County:

<https://www.montgomerycountyva.gov/departments/parks-recreation>

Virginia Tech also has a listserv for parents to crowdsource information about summer camps and other parenting questions. You can be added to the Working Parents Listserv by contacting Anna LoMascolo at Alomasco@vt.edu

ADULT/ELDER CARE

Hokie Wellness provides information on local area care providers on their Elder Care website:

<https://caregiving.vt.edu/ElderCareResources.html>

Hokie Wellness also facilitates programs for employees and family members on elder care that provide information and resources on some of the topics and issues that caregivers face.

Virginia Tech's Department of Human Development and Family Science has an on-campus Adult Day Services facility, offering personal care, health monitoring, meals, therapeutic activities, dementia care, and recovery assistance during rehab for older adults as well as support, education, and respite for the caregiver.

More information can be found on their website:

<https://ads.hdfs.vt.edu/>

The Lifelong Learning Institute at Virginia Tech is a member-driven, volunteer organization that draws on the wealth of academic and community resources in the New River Valley to provide intellectual, cultural, and social experiences for curious adults 50 and older:

<http://www.cpe.vt.edu/lifelonglearning/>

Retirement communities near Virginia Tech include:

- > Commonwealth Senior Living
<https://www.commonwealthsl.com/community/commonwealth-senior-living-at-radford/>
- > English Meadows
<https://www.englishmeadowssl.com/>
- > Heritage Hall
<http://www.heritage-hall.org/>
- > Warm Hearth Village
www.retire.org