# CHILD AND ELDER CARE



# CAREGIVING RESOURCES

Information about resources for caregiving at Virginia Tech can be found at: <a href="https://caregiving.vt.edu">https://caregiving.vt.edu</a>

### CHILD CARE

Hokie Wellness provides a number of resources for families searching for child care options in Virginia, including information about the Child Care Subsidy Program (CCSP).

They also compile a list of students interested in providing part-time child care and other services that is made available upon request through their child care website.

More information can be found at: https://caregiving.vt.edu/ChildCareResources.html

Child Care Aware is a resource families can use to identify child care in their area. In addition to the online search functionality, you can also call their 866-KIDS-TLC number and speak to someone about your particular needs and get a customized listing of options: <a href="https://vachildcare.com/">https://vachildcare.com/</a>

# New River Valley Based Childcare Partnerships -

To meet the growing demand for high-quality, affordable childcare services for the children of university faculty, staff and students, Virginia Tech entered into an agreement with area childcare programs.

https://hokiewellness.vt.edu/Employees/work-life/Child Care.html

- Children's Nest: 540-953-3945
- Giles Health & Family Center: 540-921-3024
- Rainbow Riders: 540-951-3636
- <u>Valley Interfaith Child Care Center:</u> 540-951-8101

### SCHOOLS

Information about services provided by area schools can be found on the school websites. Blacksburg, Virginia and the surrounding area are part of the Montgomery County Public Schools System: <a href="https://www.mcps.org">www.mcps.org</a>

Other area public schools can be found under the "Schools" tab on Human Resources' Moving and Relocation website for each region: https://jobs.vt.edu/relocation.html

# AFTER SCHOOL/ SUMMER PROGRAMS

Information about **after school** programs varies by school, and can be found on each schools' website, accessible from the main Montgomery County Public Schools System website: https://www.mcps.org/schools/school listing

Some **summer** program information is provided through the schools and information can be found on their website. In addition, Blacksburg and Montgomery County offer a series of summer and school break recreational programs. More information can be found on their websites. Blacksburg:

http://www.blacksburg.gov/departments/departments-l-z/parks-and-recreation/summer-camps
Montgomery County:

https://www.montgomerycountyva.gov/departments/parks-recreation

Additional information on summer camps is collated by Virginia Tech Caregiving and can be found at:

https://caregiving.vt.edu/ChildCareResources/programs.html

### ADULT/ELDER CARE

Hokie Wellness provides information on local area care providers on their Elder Care website: <a href="https://caregiving.vt.edu/ElderCareResources.html">https://caregiving.vt.edu/ElderCareResources.html</a>

Hokie Wellness also facilitates programs for employees and family members on elder care that provide information and resources on some of the topics and issues that caregivers face.

Virginia Tech's Department of Human
Development and Family Science has an oncampus Adult Day Services facility, offering
personal care, health monitoring, meals,
therapeutic activities, dementia care, and recovery
assistance during rehab for older adults as well as
support, education, and respite for the caregiver.
More information can be found on their website:
<a href="https://ads.hdfs.vt.edu/">https://ads.hdfs.vt.edu/</a>

The Lifelong Learning Institute at Virginia Tech is a member-driven, volunteer organization that draws on the wealth of academic and community resources in the New River Valley to provide intellectual, cultural, and social experiences for curious adults 50 and older: http://www.cpe.vt.edu/lifelonglearning/

Retirement communities near Virginia Tech include:

- Commonwealth Senior Living https://www.commonwealthsl.com/community /commonwealth-senior-living-at-radford/
- > English Meadows https://www.englishmeadowsslc.com/
- Heritage Hall <a href="http://www.heritage-hall.org/">http://www.heritage-hall.org/</a>
- Warm Hearth Village www.retire.org